


# IKM-MANNING CSD (MANNING BUILDING)

## OCTOBER 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 CHEF SALAD CHICKEN / BOILED EGG SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	OCT.1 BEEF ENCHILADA CHOICE OF FRUITS & VEGETABLES	2 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	3 TOMATO SOUP CHEESY FRENCH BREAD CHOICE OF FRUITS & VEGETABLES	4 MEATBALL SUB BAKED CHEETOS CHOICE OF FRUITS & VEGETABLES
7 CHEF SALAD HAM / BOILED EGG SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	8 QURSADILLA TACO CHEESE SAUCE CHOICE OF FRUITS & VEGETABLES	9 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	10 CHICKEN NOODLE SOUP CINNAMINI BUN CHOICE OF FRUITS & VEGETABLES	11 CHICKEN FAJITA SHREDDED MOZZI CHEESE GARDEN SUN CHIPS CHOICE OF FRUITS & VEGETABLES
14 CHEF SALAD CHICKEN / BOILED EGG SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	15 CHEESY CHICKEN BURRITO SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	16 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	17 CHEESEBURGER CHOWDER SOUP BLUEBERRY MUFFIN CHOICE OF FRUITS & VEGETABLES	18 CHILI DOG ORIGINAL SUN CHIPS CHOICE OF FRUITS & VEGETABLES
21 CHEF SALAD HAM / BOILED EGG SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	22 TURKEY TACO w/ CHIPS CHOICE OF FRUITS & VEGETABLES	23 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	24 VEGETABLE BEEF STEW CORN MUFFIN CHOICE OF FRUITS & VEGETABLES	25 
28 CHEF SALAD CHICKEN / BOILED EGG SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	29 BEEF ENCHILADA CHOICE OF FRUITS & VEGETABLES	30 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	31 TOMATO SOUP CHEESY FRENCH BREAD CHOICE OF FRUITS & VEGETABLES	NOV.1 SUB SANDWICH HAM & TURKEY SLICES SLICED CHEESE BBQ or PLAIN LAYS CHIPS CHOICE OF FRUITS & VEGETABLES

**YOU MUST HAVE 3 CREDITED FOOD ITEMS ON TRAY 7<sup>TH</sup> & 8<sup>TH</sup> MUST HAVE ½ CUP OF FRUIT OR VEGETABLE ON TRAY**  
**HS MUST HAVE 1 CUP OF FRUIT OR VEGETABLE ON TRAY**

*MENU IS SUBJECT TO CHANGE WITHOUT NOTICE, THIS IS AN EQUAL OPPORTUNITY INSTITUTION*