


IKM-MANNING CSD (MANNING BUILDING)

SEPTEMBER 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT.2 	3 BEEF ENCHILADA CHOICE OF FRUITS & VEGETABLES	4 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	5 TOMATO SOUP CHEESY FRENCH BREAD CHOICE OF FRUITS & VEGETABLES	6 MEATBALL SUB BAKED CHEETOS CHOICE OF FRUITS & VEGETABLES
9 CHEF SALAD CHICKEN / BOILED EGG SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	10 QUESADILLA TACO CHOICE OF FRUITS & VEGETABLES	11 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	12 CHICKEN NOODLE SOUP CINNAMINI BUN CHOICE OF FRUITS & VEGETABLES	13 CHICKEN FAJITA SUB SHREDDED MOZZI CHEES GARDEN SUN CHIPS CHOICE OF FRUITS & VEGETABLES
16 CHEF SALAD HAM / BOILED EGG SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	17 CHEESY CHICKEN BURRITO CHEESE SAUCE CHOICE OF FRUITS & VEGETABLES	18 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	19 CHEESEBURGER CHOWDER SOUP BLUEBERRY MUFFIN CHOICE OF FRUITS & VEGETABLES	20 CHILI DOG ORIGINAL SUN CHIPS CHOICE OF FRUITS & VEGETABLES
23 CHEF SALAD CHICKEN / BOILED EGG SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	24 TURKEY TACO w/ TORTILLA SHELL SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	25 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	26 VEGETABLE BEEF STEW CORN MUFFIN CHOICE OF FRUITS & VEGETABLES	27 SUB SANDWICH HAM & TURKEY SLICES SLICED CHEESE BBQ or PLAIN LAYS CHIPS CHOICE OF FRUITS & VEGETABLES
30 CHEF SALAD HAM / BOILED EGG SHREDDED CHEESE CHOICE OF FRUITS & VEGETABLES	OCT.1 BEEF ENCHILADA CHOICE OF FRUITS & VEGETABLES	2 BAKED POTATO BACON BITS SHREDDED CHEESE COTTAGE CHEESE CHOICE OF FRUITS & VEGETABLES	3 TOMATO SOUP CHEESY FRENCH BREAD CHOICE OF FRUITS & VEGETABLES	4 MEATBALL SUB BAKED CHEETOS CHOICE OF FRUITS & VEGETABLES

YOU MUST HAVE 3 CREDITED FOOD ITEMS ON TRAY 7TH & 8TH MUST HAVE ½ CUP OF FRUIT OR VEGETABLE ON TRAY
HS MUST HAVE 1 CUP OF FRUIT OR VEGETABLE ON TRAY

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE, THIS IS AN EQUAL OPPORTUNITY INSTITUTION