

# IKM-MANNING CSD

## SEPTEMBER 2019

BREAKFAST SERVED EVERYDAY, GRAIN, FRUIT/VEGETABLE & MILK. MUST HAVE 3 ITEMS ON TRAY AND 1 NEEDS TO BE A FRUIT OR VEGETABLE. K-3 LUNCH MUST HAVE ALL ITEMS SERVED ON TRAY. 4 – 12 MUST TAKE AT LEAST 3 FOODS THAT ARE OFFERED AND 1 OF THOSE ITEMS NEEDS TO BE A FRUIT OR VEGETABLE. THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. THIS IS AN EQUAL OPPORTUNITY INSTITUTION



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT. 2  3 CEREAL/BISCUIT & GRAVY  BREADED PORK & BUN BAKED BEANS PEARS	4 CEREAL/OMELET/LONG JOHN  BAKED CHICKEN LEG MASHED POTATOES & GRAVY APPLESAUCE CHOCOLATE CHIP MUFFIN	5 CEREAL/PANCAKES/MUFFIN  HAMBURGER & BUN ROMAINE LETTUCE & TOMATO BABY CARROTS STRAWBERRIES	6 CEREAL/BRK PIZZA/YOGURT  EGG PATTY & SAUSAGE POTATO WEDGES PEACHES BISCUIT	
9 CEREAL/EGG & SAUSAGE/TOAST  CHICKEN ALFREDO COOKED BROCCOLI MANDARIN ORANGES HS-GARLIC BREAD STICK	10 CEREAL/PANCAKE WRAP  SHREDDED PORK & BUN SHRINKLE CUT FRIES PEARS	11 CEREAL/OMELET/LONG JOHN  FISH STICKS BAKED BEANS APPLESAUCE RICE KRISPIE BAR	12 CEREAL/FRENCH TOAST/MUFFIN  FIESTADA PIZZA GREEN BEANS HS-BABY CARROTS FRUIT COCKTAIL	13 CEREAL/BRK PIZZA/YOGURT  HOT DOG SWEET POTATO TOTS PEACHES HS- SUN CHIPS
16 CEREAL/EGG & SUASAGE/TOAST  TERIYAKI CHICKEN & BUN ROMAINE LETTUCE & TOMATOES BABY CARROTS MANDARIN ORANGES	17 CEREAL/BISCUIT & GRAVY  SPAGHETTI w/ MEAT SAUCE PEAS PEARS GARLIC TOAST	18 CEREAL/OMELET/LONG JOHN  PIZZA CRUNCHERS GREEN BEANS APPLESAUCE	19 CEREAL/PANCAKES/MUFFIN  K-5 CHICKEN NUGGETS 6-12 ORANGE CHICKEN & BR. RICE BROCCOLI CAULIFLOWER MIX PINEAPPLE FORTUNE COOKIE	20 CEREAL/BRK PIZZA/YOGURT  BREADED BEEF STICKS ROMAINE LETTUCE & TOMATES BAKED BEANS PEACHES
23 CEREAL/EGG & SAUSAGE/TOAST  CORN DOG BROCCOLI w/ CHEESE SAUCE MANDARIN ORANGES	24 CEREAL/PANCAKE WRAP  BBQ RIB & BUN BAKED BEANS HS – BABY CARROTS PEARS	25 CEREAL/OMELET/LONG JOHN  TURKEY GRAVY OVER BISCUIT GREEN BEANS APPLESAUCE	26 CEREAL/FRENCH TOAST/MUFFIN  PEPPERONI PIZZA BABY CARROTS STRAWBERRIES VANILLA FROZEN YOGURT	27 CEREAL/BRK PIZZA/YOGURT  SHREDDED BEEF & BUN HS - GREEN PEPPER MIX POTATO WEDGES PEACHES
30 CEREAL/EGG & SAUS./TOAST  SHRIMP POPPERS MAC & CHEESE COOKED BROCCOLI MANDARIN ORANGES	OCT 1 CEREAL/BISCUIT & GRAVY  K-5 UNCRUSTABLES / SUN CHIPS 6 - 12 CRISPIITOS w/ CHEESE SAUCE 6 – 12 ROMAINE LETTUCE & TOMATO COOKED CARROTS PEARS HS-COTTAGE CHEESE & CORN MUFFIN	2 CEREAL/OMELET/LONG JOHN  MEATBALLS MASHED POTATOES & GRAVY APPLESAUCE DINNER ROLL	3 CEREAL/PANCAKE/MUFFIN  PEPPERONI FRENCH BREAD BAKED BEANS HS – BABY CARROTS FRUIT COCKTAIL	4 CEREAL/BRK PIZZA/YOGURT  MAIDRITE GREEN BEANS PEACHES