





# IKM-MANNING CSD

## OCTOBER 2020

BREAKFAST IS SERVED EVERYDAY AS A SACK MEAL WITH ALL COMPONENTS, GRAIN, FRUIT/VEGETABLE & MILK FOR ALL STUDENTS. K-3 LUNCH IS SERVED AND MUST HAVE ALL ITEMS ON TRAY. 4-12 LUNCH IS OFFERED AND MUST TAKE AT LEAST 3 ITEMS AND 1 NEEDS TO BE A FRUIT OR VEGETABLE.

***MENU IS SUBJECT TO CHANGE WITHOUT NOTICE, THIS IS AN EQUAL OPPORTUNITY INSTITUTION***



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 CEREAL/MUFFIN/JUICE/MILK  CORN DOG GREEN BEANS APPLESAUCE BAKED CHEETOS	29 FRENCH TOAST/FRUIT/MILK  BREADED CHICKEN & BUN BAKED BEANS PEARS	30 	OCT.1 CEREAL/DONUT/JUICE/MILK  BBQ RIB & BUN COOKED BROCCOLI FRUIT COCKTAIL	2 BRKF. WRAP/FRUIT/MILK  TURKEY GRAVY & MASHED POTATO PEACHES CORN MUFFIN
5 CEREAL/MUFFIN/JUICE/MILK  OMELET BAKED BEANS APPLESAUCE BLUEBERRY MUFFIN	6 MINI WAFFLES/FRUIT/MILK  BREADED PORK & BUN GREEN BEANS PEARS	7 	8 CEREAL/POP TART/MILK  PS-5 MINI CORN DOGS/BB. CARROTS 6-12 BACON CHICKEN RANCH WRAP 6-12 ROMAINE LETTUCE & TOMATO FRUIT COCKTAIL	9 BRKF. WRAP/FRUIT/MILK  MEATBALLS MASHED POTATOES & GRAVY PEACHES DINNER ROLL
12 CEREAL/MUFFIN/JUICE/MILK  HAMBURGER & BUN BAKED BEANS APPLESAUCE	13 MINI PANCAKES/MILK  CHICKEN ALFREDO COOKED BROCCOLI PEARS GARLIC KNOT ROLL	14 	15 CEREAL/DONUT/MILK  PEPPERONI PIZZA GREEN BEANS FRUIT COCKTAIL	16 BRKF. WRAP/FRUIT/MILK  SPAGHETTI w/ MEATSAUCE PEAS PEACHES
19 CEREAL/MUFFIN/JUICE/MILK  CALZONE COOKED BROCCOLI APPLESAUCE	20 FRENCH TOAST/FRUIT/MILK  BAKED CHICKEN LEG BAKED BEANS PEARS DBL. CHOCOLATE CHIP MUFFIN	21 BREAKFAST PIZZA/FRUIT/MILK  EGG PATTY & SAUSAGE BREAKFAST POTATOES MANDARIN ORANGES HONEY BISCUIT	22 CEREAL/POP TART/MILK  K-3 UNCRUSTABLES / BAKED CHEETOS 4-12 CRISPIITOS w/CHEESE SAUCE GREEN BEANS FRUIT COCKTAIL	23 
26 CEREAL/MUFFIN/JUICE/MILK  FIESTADA PIZZA COOKED CARROTS APPLESAUCE	27 MINI WAFFLES/FRUIT/MILK  BBQ RIB & BUN BAKED BEANS PEARS	28 BREAKFAST PIZZA/FRUIT/MILK  TURKEY TACOS ROMAINE LETTUCE & TOMATO MANDARIN ORANGE	29 CEREAL/ DONUT/MILK  PIZZA CRUNCHERS GREEN BEANS FRUIT COCKTAIL	30 BRKF. WRAP/FRUIT/MILK  MAIDRITES FRENCH FRIES PEACHES ORANGE SHERBET  