





IKM-MANNING CSD

2022



BREAKFAST IS SERVED EVERYDAY, GRAIN, FRUIT/VEGETABLE & MILK AVAILABLE FOR ALL STUDENTS. K-3 LUNCH IS SERVED AND MUST HAVE ALL ITEMS ON TRAY. 4-12 LUNCH IS OFFERED AND MUST TAKE AT LEAST 3 ITEMS AND 1 NEEDS TO BE A FRUIT OR VEGETABLE.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE .THIS IS AN EQUAL OPPORTUNITY INSTITUTION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 CEREAL & YOGURT OR BRK. COOKIE BAKED CHICKEN LEG MASHED POTATOES w/GRAVY PEARS K-12 BROWNIE 	NOV 1 EGG & SAUS./CEREAL/TOAST PIZZA CRUNCHERS GREEN BEANS FRUIT COCKTAIL	2 FRENCH TOAST OR CEREAL CORN DOG BAKED BEANS APPLESAUCE	3 CEREAL & MUFFIN CHICKEN QUESADILLA COOKED BROCCOLI w/ CHEESE SAUCE MANDARIN ORANGES	4 BRK. PIZZA OR CEREAL/YOGURT BREADED CHICKEN & BUN COOKED CARROTS PEACHES
7 CEREAL & YOGURT OR BRKF. COOKIE PS-3 POPCORN CHICKEN 4-12 MANDARIN ORANGE CHICKEN 4-12 BROWN RICE MIXED VEGETABLES PEARS 4-12 FORTUNE COOKIE	8 BR. BURRITO/CEREAL/MUFFIN HAMBURGER & BUN CRINKLED FRENCH FRIES MIXED FRUIT	9 BISCUIT & GRAVY OR CEREAL K-3 TOASTED CHEESE SANDWICH 4-12 BACON CHICKEN RANCH WRAP 4-12 ROMAINE LETTUCE BAKED BEANS APPLESAUCE	10 BRK. BAR/LONG JOHN OR CEREAL PEPPERONI PIZZA COOKED BROCCOLI w/ CHEESE SAUCE STRAWBERRIES	11 BRK. PIZZA OR CEREAL/YOGURT BREADED BEEF STICKS BABY CARROTS PEACHES CORN MUFFIN
14 CEREAL & YOGURT OR BRK. COOKIE MAIDRITES GREEN BEANS PEARS	15 EGG & SAUS./CEREAL OR TOAST PEPPERONI CALZONES COOKED CARROTS MIXED FRUIT	16 PANCAKES OR CEREAL SHRIMP POPPERS MAC & CHEESE BAKED BEANS APPLESAUCE	17 OMELET/LONG JOHN OR CEREAL BREADED PORK & BUN COOKED BROCCOLI MANDARIN ORANGES	18 BRK. PIZZA OR CEREAL/ YOGURT TURKEY GRAVY MASHED POTATOES PEACHES PUMPKIN BREAD
21 CEREAL & YOGURT OR BRK. COOKIE EGG & SAUSAGE PATTY POTATO WEDGES PEARS HONEY BISCUIT	22 BR.BURRITO/CEREAL/MUFFIN TURKEY NACHOS w/CHEESE SAUCE ROMAINE LETTUCE BABY CARROTS FRUIT COCKTAIL	23 	24 	25 
28 CEREAL & YOGURT OR BRK. COOKIE CHICKEN NUGGETS MIXED VEGETABLES PEARS K - 12 CHOCOLATE CHIP MUFFIN <u>NO SALAD BAR</u>	29 EGG & SAUS./CEREAL/ TOAST BBQ RIB & BUN BROCCOLI FRUIT COCKTAIL <u>NO SALAD BAR</u>	30 BISCUIT & GRAVY OR CEREAL K-3 UNCRUSTABLES 4-12 CRISPITOS w/CHEESE SAUCE BAKED BEANS APPLESAUCE <u>NO SALAD BAR</u>	DEC 1 BRK. BAR/LONG JOHN OR CEREAL BREADED CHICKEN & BUN SWEET POTATO TOTS STRAWBERRIES <u>NO SALAD BAR</u>	2 BRK. PIZZA OR CEREAL/YOGURT SALISBURY STEAK MASHED POTATOES w/ GRAVY PEACHES GARLIC KNOT ROLL