

February Activities

Name: _____

Family Time

I've compiled a calendar of activities to try with your child. These activities align with objectives from our classroom curriculum. Please initial each activity done with your child and return at the end of the month. The activities can be done in any order on any day. I hope these suggestions spark conversations and learning experiences for your family.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|---|
| | | 1 It's Black History Month. Read "Little Leaders: Bold Women in Black History" by Vashti Harrison and ask your child who he considers his hero. Reading | 2 It's Groundhog Day! Did the groundhog see it's shadow? Read a story about Groundhog Day and have your child make their own prediction about Spring! Predictions | 3 Put together a puzzle with your child. Before you begin, have him/her count the pieces with you. Math, Inquiry, curiosity | 4 It's Bubble Gum Day. Teach your child how to blow a bubble and see how big he can make it. Family Fun | 5 It's Play Outside Day. Travel to a local hill and go sledding as a family. Race to see who is the fastest! Outdoor Play |
| 6 Ask your child to act out or tell a story about what she would do if she were the president. Dramatic Play | 7 Involve your child in preparing a meal. At dinnertime, talk about what you are eating and how you made it. Engagement, communication, routines | 8 It's American Heart Month. Ask your child to count how many heartbeats he has in 20 seconds. Talk about ways to be heart healthy! Health | 9 It's Pizza Day. Make or order a pizza with your child and ask her to think of different words that rhyme with the toppings! Rhymes | 10 Have your child solve simple math problems using pieces of their favorite snack, such as crackers or raisins. Math | 11 Have your child "read" a book to you. Tell your child what you liked about the book and ask what she/he liked. Retell, Speaking, Literacy | 12 Choose a subject your child is interested in. Together, choose a nonfiction book from the library on that subject to read together. Informational Text |
| 13 Put items like buttons or dry bean in containers. Shake each one and ask your child to describe how the sounds differ. Music and Movement | 14 It's Valentine's Day. Ask your child to make a home-made valentine to give to one of his family members or friends. Art and Writing | 15 Sing familiar farm songs with your children. ("Old Macdonald, "The Farmer in the Dell," etc.) Music, Movement | 16 Go on a "number hunt" while at the store. What numbers can your child find and recognize? Number recognition | 17 It's Random Acts of Kindness Day. Read "Be Kind" by Pat Zielow Miller and ask your child to brainstorm kind ideas. Reading | 18 Sort toys by size. Use words such as big, bigger, medium, small, smaller, etc. Classification | 19 While at the store, have your child help you read the shopping list and find items. Point out environmental print (labels, tags, etc.) Environmental Print |
| 20 It's Comfy Day! Wrap up your child in blankets and get cozy with some books. Reading | 21 Have your child drop small items such as buttons and leaves into a glass of water. Will they sink or float? Have your child make a prediction before adding the item to water. Try a variety of heavy and light items. Science, Predictions | 22 It's Cook a Sweet Potato Day. While you cook a sweet potato in the oven, explain the importance of eating a variety of healthy foods. Health | 23 Role-play welcoming someone. Help your child say, "Hello! My name is _____. Do you want to play?" and show some of his/her toys. Play with your child. Social Skills, Dramatic Play | 24 "Let's Play Please Pass while we eat. When you want something, face the person who has it, use a strong, respectful voice, and ask for what you want." Model and practice first. Self-Regulation, Routines | 25 How many words can you and your child think of that rhyme with "snow?" Nonsense/made-up words are included! Rhyming | 26 It's Tell a Fairy Tale Day. Ask your child to create and original fairy tale to tell her family. Together, create a poster with characters from the story. Stories and Art |
| 27 Move like your favorite animals through your house. When you get to a new room, change to a new animal. Dramatic Play, Physical | 28 Sort toys by size. Use words such as big, bigger, medium, small, smaller, etc. Classification | | | | | |

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