

January Activities

Name: _____

Family Time

I've compiled a calendar of activities to try with your child. These activities align with objectives from our classroom curriculum. Please initial each activity done with your child and return at the end of the month. The activities can be done in any order on any day. I hope these suggestions spark conversations and learning experiences for your family.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 It's New Year's Day. Use noise makers to cheer and celebrate the new year. Sounds and Music
2 Ask your child to draw a picture of his perfect wintery day. What activities would they want to do? Art and Writing	3 It's Drinking Straw Day. See how long you and your child can use the air from a straw to keep a piece of tissue paper up in the air! Science	4 It's Trivia Day! Read your child's favorite book and ask her simple questions about the plot and the characters. Reading	5 Ask your child to tell you a story about what he would do if he were a dog for a day! Ask about other animals to hear the story change! Stories	6 It's Technology Day! Play video games with your child and talk to her about the importance of moderation. Play	7 While doing laundry, ask your child to sort the clothes by color. Math	8 Sing with your child as you make breakfast together. Crank up the radio and dance together while you prepare the food and drinks! Sounds and Music
9 It's Static Electricity Day! Rub your child's hair with a balloon and explain why it stands on end. Slide around the carpet and experiment "shocking" each other. Science	10 Ask your child to point out different letters she sees as you're driving down the road. Are there any letters that are harder to find than others? Reading	11 It's Milk Day. Share a glass of milk with your child and take turns coming up with words that rhyme with drink, glass, and sip! Rhymes	12 Make snowballs with your child. Ask him to count out how many snowballs he throws before you're through. Math and Movement	13 Look for picture or objects that start with the same sound as your child's name. When you say the words, emphasize the beginning sound: "buh, buh, ball." First Sounds	14 Make a simple pattern using silverware or other items, (spoon, fork, knife, spoon, fork, knife) have your child predict what goes next. Patterns	15 It's Hat Day! Ask your child to come up with an original character for every new hat they try on. Act out silly scenarios together! Dramatic Play
16 While at the store, have your child help you read the shopping list and find items. Point out environmental print (labels, tags, etc.) Environmental Print	17 It's Martin Luther King Jr.'s birthday. Read "I Am Brave" by Brad Melzer and ask your child what her dream is for a better world. Find a youtube video about MLK Jr. Reading and Technology	18 It's Winnie the Pooh Day. Help your child create his own story about a beloved stuffed animal. Add illustrations and words to the pages! Stories and Writing	19 Tell your child a story about a favorite holiday memory from your own childhood. Share about your family traditions or things their grandparents did with you. Stories	20 It's Oatmeal Month. Enjoy a bowl with your child and ask her to think of words that rhyme with oat, meal, hot, spoon, etc. Rhymes	21 Tap out a beat on the counter and ask your child to imitate you. Experiment with different rhythms and patterns. Music and Movement	22 Make a blanket fort in the living room. Read stories with a flashlight or snuggle up for a movie! Family Time
23 It's Handwriting Day! Practice writing different letters together. Writing	24 It's Compliment Day. Invent a song that spreads joy and kindness. Encourage your child to compliment family. Math	25 Set the table together. Count the dishes, silverware, cups, etc. Make name cards for family members so they know where to sit. Counting, Print/Writing, Family Routines	26 Look at the pictures in a book. Say, "Let's try to tell how the people are feeling. We can tell by their faces and bodies or by what is happening in the picture." Discuss how things in pictures are feeling. Emotional Cues	27 Involve your child in preparing a meal. At dinnertime, talk about what you are eating and how you made it. Engagement, communication, routines	28 Turn off the TV and phone tonight! Play a game, talk about your day, or have reading time. Language-rich experiences	29 Choose a subject your child is interested in. Together, choose a nonfiction book from the library on that subject to read together. Informational Text
30 Play Leapfrog outside in the snow with your child. Movement						

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