

March Activities

Name: _____

Family Time

I've compiled a calendar of activities to try with your child. These activities align with objectives from our classroom curriculum. Please initial each activity done with your child and return at the end of the month. The activities can be done in any order on any day. I hope these suggestions spark conversations and learning experiences for your family.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Sort toys by size. Use words such as big, bigger, medium, small, smaller, etc. Classification	2 It's Dr. Seuss' birthday! Read your favorite Dr. Seuss book to celebrate! Reading	3 It's National Anthem Day. Sing "The Star Spangled Banner" with your child. Talk to them about standing during the song and respecting the flag. Music and Movement	4 Have your child "read" a book to you. Tell your child what you liked about the book and ask what she/he liked. Retell, Speaking, Literacy	5 Involve your child in preparing a meal. At dinnertime, talk about what you are eating and how you made it. Engagement, communication, routines
6 Enjoy some time outside. Sit and look up at the clouds. Talk about the shapes you see in their formations. Outdoor Awareness	7 Have your child count the number of steps it takes to walk across their bedroom and back again. Try big, giant steps or little mouse steps. Did the number change? Counting and Measuring	8 Have your child "read" a familiar book to you. Have he/she use the pictures to describe action across the pages. Literacy	9 Go to a local park or playground for a scavenger hunt! Create a simple list of items your child can search for outside (leaf, rock, stick, bug, nut or seed, flower, etc) Outdoor Play	10 Look at the pictures in a book. Say, "Let's try to tell how the people are feeling. We can tell by their faces and bodies or by what is happening in the picture." Discuss how things in pictures are feeling. Emotional Cues	11 Friday Fun Night! Create a book nook in your favorite room of the house. Spend the evening cuddled up reading books as a family. Add pillows, blankets, or anything comfy and cozy! Reading, Family Time	12 It's National Plant a Flower Day. Plant two or three seeds in a paper cup filled ¾ full with potting soil. Place the cup in a sunny window and water daily. What will grow? Science
13 Plan a craft day! Go to a craft store with your child and come up with something creative to make together as a family. Art and Creativity	14 It's Pi Day: Pi is the ratio of a circle's circumference to its diameter (3.14). That's a tricky topic for preschoolers, but you can still enjoy a slice of pie together! Special Snack	15 Have your child help you with laundry. Can they sort clothing by color? See if they can find matching socks, or sort by object (shorts, tops, socks, towels, etc) Classification	16 Play "restaurant" together, taking turns taking each other's orders. Don't forget to share the daily specials! Dramatic Play	17 It's St. Patrick's Day. Listen to Irish music and find a video of traditional Irish dancers. See if your child can create their own little jig. Music and Movement	18 Set the table together. Count the dishes, silverware, cups, etc. Make name cards for family members so they know where to sit. Counting, Print/Writing, Family Routines	19 Place crayon stubs without wrappers on cardboard and place on a foil-covered pan. Bake at 250 for 10 minutes. Use craft sticks to draw designs in the wax. Science and Art
20 Go outside and enjoy nature. Listen to the birds of spring and ask your child to create their own bird call Outdoor Awareness	21 Practice simple addition and subtraction problems using pretzels or cereal. Math	22 Go on a "number hunt" while at the store. What numbers can your child find and recognize? Number recognition	23 It's Women's History month! Read a book about what women have done in our society. Reading	24 Go to a park and play ball! Practice bouncing, catching, throwing, and kicking the ball. Gross Motor	25 Make a simple pattern using silverware or other items, (spoon, fork, knife, spoon, fork, knife) have your child predict what goes next. Patterns	26 Take your child grocery shopping and talk about what you see: the sections of the market (dairy, meat, etc), what foods you buy, and why. Social/Language-rich experiences
27 It's Scribble Day! Ask your child to scribble a variety of beautiful drawings to be hung up on the fridge. Experiment with mixing colors! Art and Creativity	28 Give your child a selection of green foods to try a taste test. Have them decide if it's salty, sweet, spicy, sour, or bitter! Special Snack, Senses	29 Look for picture or objects that start with the same sound as your child's name. When you say the words, emphasize the beginning sound: "buh, buh, ball." First Sounds	30 Move like your favorite animals through your house. When you get to a new room, change to a new animal. Dramatic Play	31 Ask your child to draw something she/he remembers from a book they read. Book/Story Retell		

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