

October Activities

Name: _____

Family Time

We've compiled a calendar of activities to try with your child. These activities align with objectives from our classroom curriculum. Please initial each activity done with your child and return at the end of the month. The activities can be done in any order on any day. We hope these suggestions spark conversations and learning experiences for your family.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Ask your child to draw something she/he remembers from a book they read. Book/Story Retell	2 Set the table together. Count the dishes, silverware, cups, etc. Make name cards for family members so they know where to sit. Counting, Print/Writing, Family Routines
3 Line up pillows on the floor and try to jump from one to another without touching the floor. Pretend to be frogs jumping on lily pads. Don't fall in the pond! Dramatic Play, Gross Motor	4 "Let's Play Please Pass while we eat. When you want something, face the person who has it, use a strong, respectful voice, and ask for what you want." Model and practice first. Self-Regulation, Routines	5 Sort toys by size. Use words such as big, bigger, medium, small, smaller, etc. Classification	6 Have your child "read" a familiar book to you. Have he/she use the pictures to describe action across the pages. Literacy	7 Make a puppet using old socks or paper bags. Tell stories using the puppet. Dramatic Play, Speaking	8 Sing familiar farm songs with your children. ("Old Macdonald, "The Farmer in the Dell," etc.) Music, Movement	9 Play "Who's Happy, Who's Sad?" When you see a happy clue on someone's face/body, tap your head. If you see a sad clue, tap your tummy. Emotional Cues
10 Move like your favorite animals through your house. When you get to a new room, change to a new animal. Dramatic Play, Physical	11 Have your child "read" a book to you. Tell your child what you liked about the book and ask what she/he liked. Retell, Speaking, Literacy	12 Go on a "number hunt" while at the store. What numbers can your child find and recognize? Number recognition	13 Go to a park and play ball! Practice bouncing, catching, throwing, and kicking the ball. Gross Motor	14 Turn on some music and take turns making up a movement. Play copy cat boogie, by following what each other does. Physical	15 Look for picture or objects that start with the same sound as your child's name. When you say the words, emphasize the beginning sound: "buh, buh, ball." First Sounds	16 Make a simple pattern using silverware or other items, (spoon, fork, knife, spoon, fork, knife) have your child predict what goes next. Patterns
17 Take your child grocery shopping and talk about what you see: the sections of the market (dairy, meat, etc), what foods you buy, and why. Social/Language-rich experiences	18 Involve your child in preparing a meal. At dinnertime, talk about what you are eating and how you made it. Engagement, communication, routines	19 Play the game, "I am thinking of a word that rhymes with ____." Silly nonsense words are always super funny! Rhyming	20 Turn on some music and try to jump around/continue movement though the entire song. Check out what it does to the way you are breathing. Discuss with your child Inquiry, curiosity	21 Look at the pictures in a book. Say, "Let's try to tell how the people are feeling. We can tell by their faces and bodies or by what is happening in the picture. " Discuss how things in pictures are feeling. Emotional Cues	22 Have your child "read" a book to you. Tell your child what you liked about the book and ask what she/he liked. Retell, Speaking, Literacy	23 Spread out a bunch of small items in a room. "Crab walk" to each item, put the item on your tummy, then crab-walk the item to a new spot. Physical
24	25	26	27	28	29	30 & 31

<p>Turn off the TV and phone tonight! Play a game, talk about your day, or have reading time.</p> <p>Language-rich experiences</p>	<p>Count groups of objects up to the number 10. Then help your child sort items by similarity (items in a pile that are all big, all red, etc.)</p> <p>Counting, Classification</p>	<p>Sort toys by size. Use words such as big, bigger, medium, small, smaller, etc.</p> <p>Classification</p>	<p>Move like your favorite animals through your house. When you get to a new room, change to a new animal.</p> <p>Dramatic Play, Physical</p>	<p>Make a simple pattern using silverware or other items, (spoon, fork, knife, spoon, fork, knife) have your child predict what goes next.</p> <p>Patterns</p>	<p>Count groups of objects up to the number 10. Then help your child sort items by similarity (items in a pile that are all big, all red, etc.)</p> <p>Counting, Classification</p>	<p>Role-play welcoming someone. Help your child say, "Hello! My name is _____. Do you want to play?" and show some of his/her toys. Play with your child.</p> <p>Social Skills, Dramatic Play</p>
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